



# COVID-19

## MANUFACTURING EMPLOYEES: When to Stay Home Reducing Exposure Risk

### SYMPTOMS OF CORONAVIRUS

If you have COVID-19, you may have mild to severe illness (or no symptoms). Symptoms can appear 2-14 days after you are exposed to the virus that causes COVID-19. If you or anyone you have had close contact with have any of the following symptoms, refrain from entering your workplace facilities and **SEEK MEDICAL ATTENTION:**



FEVER



COUGH



SHORTNESS  
OF BREATH

Seek **IMMEDIATE** medical attention and refrain from entering your workplace facilities if you have any of the following warning signs.



TROUBLE  
BREATHING



BLUISH LIPS  
OR FACE



NEW LOSS OF  
SMELL OR TASTE



NEW CONFUSION OR  
UNABLE TO BE WOKEN



PERSISTENT PAIN OR  
PRESSURE IN THE CHEST

*(List not all inclusive. Please consult medical provider for any other symptoms that are severe or concerning)*

### STEPS WE ARE TAKING TO REDUCE RISK OF EXPOSURE TO CORONAVIRUS

- ✓ Encouraging face masks and 6 ft of distancing between coworkers.
- ✓ Encouraging workers to stay home if sick.
- ✓ Encouraging respiratory etiquette, including covering coughs and sneezes.
- ✓ Providing a place to wash hands or alcohol-based hand rubs containing at least 60% alcohol.
- ✓ Establishing flexible worksite and flexible work hours where feasible.
- ✓ Discouraging workers from using other workers' phones, desks, or other work tools and equipment.
- ✓ Regularly cleaning and disinfecting surfaces, equipment, and other work elements.
- ✓ Encouraging workers to report any safety and health concerns.

### CLEANING PROCEDURES TO PREVENT THE FLU/VIRUSES

**How long can the flu virus live on objects, such as doorknobs and tables?**

The flu virus can "live" on some surfaces for hours to days. Routine cleaning of surfaces may reduce the spread of flu.

**What kills flu viruses?**

Flu viruses are killed by heat over 167 degrees Fahrenheit. Common household cleaning products can also kill the flu virus, including products containing:

- chlorine
- hydrogen peroxide
- detergents (soap)
- iodophors (iodine-based antiseptics)
- alcohol-based disinfecting solutions of at least 70% alcohol.

If you'd like to see the State of California's guidelines for a manufacturer to operate during the COVID-19 pandemic, you can find them at: [covid19.ca.gov/pdf/guidance-manufacturing.pdf](https://covid19.ca.gov/pdf/guidance-manufacturing.pdf)

All California COVID-19 info at [covid19.ca.gov](https://covid19.ca.gov)

*This publication is designed to provide general guidance and may not be applicable in all manufacturing settings. By preparing and circulating this publication to member manufacturers, CMTA does not represent or warrant that the recommendations and suggestions contained herein are the only, or the best methods for addressing the COVID-19 precautions that employers should exercise. For further information CMTA encourages all manufacturers to regularly check the state's COVID-19 guidance website listed at the end of the publication.*